

SHAKE MY SILLIES OUT

READ AND PLAY

- Sing or the read the book with your child. Encourage them to do the movements with the song.
- Have your child think of other movement words to add to the song, such as *wave*, *stomp*, or *hop*.

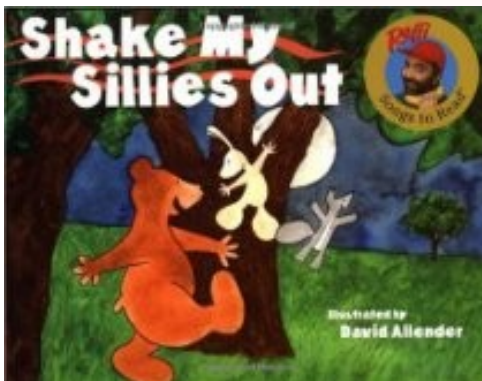
MATERIALS

Shake My Sillies Out book

Purpose

- Sing or repeat all or part of the book
- Listening and follow the meaning of text

This is a fun song to add to your child's night time routine. Then they will be ready to take a rest, just like the animals in the story!

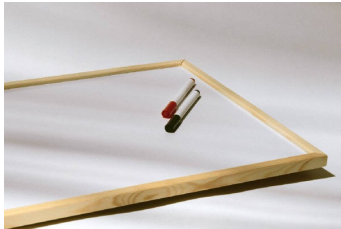


SHAKE MY SILLIES OUT

FUN WITH WORDS

1. Write the first word for your child on the white board
2. The child uses the magnetic letters and tray to build the word
3. The child practices saying the name of each letter
4. The child says the sound of the first letter

THE ADULT
WRITES:



THE CHILD BUILDS:

fish

Shake
Clap
Out
Jump
Yawn
My
Sillies
Away

Materials

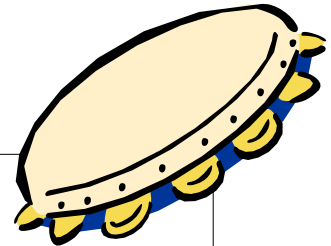
Magnetic Letters and
Tray

Dry Erase Board

Purpose

- Practice matching letters and saying letter names
- Practice saying the sounds of the first letters in words

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CELEBRATE THE BOOK

Make a Shaker!

1. Let your child decorate the bottom of two small paper plates. Be creative! Use crayons, markers, stickers, glitter or anything else!
2. Staple or glue the faces of the two paper plates together, with a handful of dry popcorn, beans or rice inside.
3. Read the story as your child “shake their sillies out” while using their new shaker!

Materials

2 small paper plates

Crayons or other items to decorate the plates

Dry popcorn, beans, or rice

Glue stick

Related vocabulary to support learning:

- ◇ Instrument
- ◇ Rhythm
- ◇ Shake
- ◇ Rattle
- ◇ Fierce
- ◇ Park ranger
- ◇ yawn



Purpose

- Using movement and sound to promote active listening

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FUN WITH SOUNDS

Blending Word Parts

1. Say: "Let's make some words. I'll say the two parts, and you put them together to make a whole word."
2. Give your child the beginning and ending part of the words, pausing briefly between the two parts.
3. Have your child put the two parts together to make a whole word.

MATERIALS

No materials needed

Purpose

- Practice putting word parts together to produce a one-syllable word.

Word	Onset	Rime
move	m	-ove
shake	sh	-ake
jump	j	-ump
clap	c	-lap
yawn	y	-awn
hop	h	-op
stomp	s	-tomp

Example:

/m/ (pause) -ove.
What's the word? Yes, move.